

PROFESSIONAL COACH TRAINING

for Leaders and Individuals in Ministry within Faith Based Communities

Level 1: Fundamentals in Coaching

The [Academy of Solution Focused Training](#) is a well-established coach training company based in Singapore and the USA since 2004. This training is an Accredited Coach Training Program (ACTP) with the [International Coaching Federation](#) (ICF), considered a gold standard in the coach training industry.

Level 1: Fundamentals of Coaching, 60 hours. Level 1 provides you with a solid understanding of coaching, the mindset and philosophy of Solution Focused coaching, and equips you with an elegant set of coaching tools to promote individual and community spiritual growth. You will learn the keys to effective coaching and be able to coach through the process, demonstrating the ICF core coaching competencies. If you stop at Level 1, you can apply for an Associate Certified Coach (ACC) credential. This qualifies you to continue to Level 2, Coaching in Organisations.

About Solution Focused Coaching

"The Solution Focused Model is easy to learn, but hard to do, not because it is complicated or difficult to learn, but because it requires a disciplined mind-set and skill to remain simple." – Insoo Kim Berg

Solution Focused (SF) Coaching will help you develop a mind-set that fosters growth and personal empowerment, while learning an elegant set of coaching tools. With roots at the Mental Research Institute in Palo Alto, California, SF was developed by Insoo Kim Berg and Steve de Shazer. In stark contrast to focusing on and analyzing the problem, SF focuses on the hopeful future and crafting small steps in the desired direction of change. SF coaching is more about the beliefs, attitudes and assumptions of the coach and an over-arching philosophy regarding influence and change rather than a method or technique. Solution Focused coaching is based on fundamental principles and beliefs about how positive change comes about for each person desiring to live to their full potential. With a shift in perspective and behaviors, many clients experience transformation and a sense of renewed hope. The path is clearer and the future is both compelling and sustainable.

Three-pronged advantage

- For you: Learn valuable coaching skills at a professional level to enhance your ministerial capabilities.
- For others: Learn new ways to fine-tune your approach to leadership and faith-building in others.
- For organizations: Learn to facilitate optimal participation for team performance, envisioning, and goal setting.

Commitments

- Openness to new ways of thinking and interacting with fellow believers.
- Desire to gain top-tier credentials as a Solution Focused Coach with the ICF, [International Coaching Federation](#).
- Financial and time commitments to complete the process.

The Benefits

- As a beginning or experienced coach, you will learn keys to enhance your effectiveness in coaching.
- This program will expand and deepen your capability to coach in multiple settings and contexts.



FFS Practical Matters



Level 1 Fundamentals of Coaching, 60 Hours

- 39 Hours Synchronous | 10 Hours Mentor Coaching | 11 Hours Self-study

Level 1 Program Description | 3 June – 26 August 2021

Provides you with a solid understanding of coaching, the mindset and philosophy of Solution Focused Coaching, and equip you with an elegant set of coaching tools to promote individual and community spiritual growth. You will learn the keys to effective coaching, demonstrating the ICF core coaching competencies. If you stop at Level 1, you can apply for an Associate Certified Coach (ACC) credential.



Training Schedule

- 13 Sessions | 3 hours each
- Module 1: Foundations in Coaching | 3, 10, 17, 24 Jun; 1, 8, 15
- Module 2: Microskills in Coaching | 22, 29 Jul; 5, 12, 19, 26 Aug 2021
- Times: Thursdays for 3-hour sessions | US CST 7:00 – 10:00 AM | Singapore Time: 8:00 -11:00 PM



ICF Coaching Credentials, Associate Certified Coach (ACC)

- The Academy is an ICF *Accredited Coach Training Program* (ACTP), a “one-stop shop” for earning credentials as an Associate Certified Coach (ACC) or Professional Certified Coach (PCC).
- This is the most direct and simplest path to ICF credentials. After completing the program + 100 hours of coaching, you can apply for an ACC credential via the ACSTH pathway.
- For full details, refer to the ICF web site www.coachingfederation.com.



Cost

- SGD \$4500 | USD \$3,400 per person



Training Format

- Conducted live, on Zoom. (zoom.us).
- Zoom is a free download to any Internet-connected device. You can do this from anywhere with good Internet
- Sessions include sharing slide presentations, breakout rooms and plenary sessions.



Training Process

- A skills-based coach training program with ample opportunities to practice
- Includes sharing information, discussions, reflections, video clips, case examples, demonstrations and practice.



Guaranteed Quality

- Accredited Coach Training Program (ACTP) by the International Coach Federation (ICF)
- International gold-standard coach training, guaranteeing international recognition of its quality
- Interactive, participatory, experiential and fun!



FFS Team

Debbie Hogan, MS, CSFC, MSFP, PCC, Program Director, Singapore



Debbie is owner and Program Director of the Academy of Solution Focused Training since 2004. In Private Practice since 1993 as a psychotherapist, she has extensive experience as a coach in the public and private sector. Trained by Insoo Kim Berg and Steve de Shazer, the developers of Solution Focused Practice, she is a Master Solution Focused Practitioner, Certified Solution Focused Coach and a Professional Certified Coach with the ICF. Her coach training is an Accredited Coach Training School with the ICF, and she is part of the PCC Assessor Community and serves on ICF Singapore Chapter as Vice President and Director of Membership. Debbie is a contributor to *The Art of Solution Focused Therapy*, *Encounters with Steve de Shazer and Insoo Kim Berg*, and co-editor of *Solution Focused Practice in Asia* and *Solution Focused Around the World*. Debbie grew up as a Missionary Kid in Japan, and Okinawa and currently serves the Moulmein Church of Christ in Singapore.

Dave Hogan, MTh, CSFC, MSFP, PCC, Director, Singapore



Dave is owner and Director of the Academy of Solution Focused Training. He holds a BA degree in French from Harding University and an MTh from Harding School of Theology. Asia has been Dave's home since the age of 6: his formative years in Pakistan and Singapore as a missionary kid and his adult years deeply involved in ministry and cross-cultural missions, individual and team coaching, mentoring and leadership development. He also conducts training for organizations in team building, change management, executive leadership and career development. Dave is a Certified Solution Focused Coach with the CCPC, Master Solution Focused Practitioner with IASTI, and a Professional Certified Coach with the ICF. Dave has been training coaches since 2004 and runs an ICF accredited coach training program. He is a founding member of IASTI and co-editor of *Solution Focused Practice in Asia*. Dave is currently serving with the Moulmein Church of Christ in Singapore.

Joe Cannon, MA, MSFP, PCC, Director, USA



Joe has an extensive background in psychology and counseling, having worked as a psychological examiner, therapist and family counselor across a variety of private, community and faith-based settings. He has worked specifically with substance abusers and juvenile delinquents, and he managed a halfway house for the chronically mentally ill. Joe is certified as a Master Practitioner in Neuro-Linguistic Programming. With a life-long interest in physical fitness, he is an instructor in Shuri Ryu Okinawan Karate and practices many bodywork modalities including Thai Medical Massage, Soft Tissue Release and Reiki. He is a Master Solution Focused practitioner with IASTI and a Professional Certified Coach and Mentor Coach with the ICF. Joe is currently a Fitness and Life Coach. He is a Director, Coach Trainer and Mentor Coach of the Academy of Solution Focused Training. He grew up on the mission field in Japan and Okinawa and is a Third Culture Kid.

Robin Cannon, MFA, MSFP, ACC, Director, USA



Robin has versatility and drive, which mark his 30+ years' experience working within corporate and faith-based professions. He comes from a diverse background of multilingual international experience, having been raised as a Missionary Kid in Japan and Papua New Guinea. He holds a BA from Harding University and an MFA from University of Memphis. Robin and his wife Cyndi were called to be church planters for 13 years in Okinawa, Japan. He moved his family back to the US and worked for 6 years as a manager in the hospitality industry. Robin was again called into ministry for 10 years, serving in various leadership roles for World Bible School, including EVP/COO. Many years of pastoral counseling, evangelism, Human Resources, and executive management have led him to Solution Focused Coaching as one of the most practical and productive means of helping people. Robin is an Associate Certified Coach with the ICF and is a Director and coach trainer for the Academy.

Dennis Welch, BBS, MSFP, PCC, Director, Cambodia



Dennis, a former career Air Traffic Controller in Dallas, TX, holds a Bachelor of Biblical Studies degree from Sunset International Bible Institute in Lubbock, TX. He has served as a missionary and church planter as well as a coach and trainer in Phnom Penh, Cambodia since 2008. He specializes in using the Solution Focused Approach in his ministry activities, including small group Bible studies, one-on-one discipleship and cell groups in addition to other coaching scenarios. Dennis is Professional Certified Coach with the ICF and is a Master Certified Solution Practitioner with International Alliance of Solution Focused Teaching Institutes. Dennis is Lead Facilitator for our FFS Coaching Circle, a monthly SF Coaches meeting platform to practice and develop their coaching. He serves as a Director, Mentor Coach and Coach Trainer for the FFS accredited coach training program with the Academy in Cambodia.



What previous participants have to say

Faith Focused Solutions

The training that I received from FFS has been a world-view change that will impact a lot of my ministry. I have been amazed at how it has matched my values as a Christian and enabled me to do what I'm called to do even better. I didn't realize how much I would connect with the participants and how much I would learn from my cohort. I have benefited from so many avenues that I did not expect at the outset and am very appreciative of this training.

-- David Allen, Missions Resource Network, USA

I wasn't looking to be a coach. It wasn't part of what I intended, and I really had little expectations about what it was really about - except for that I knew two amazing coaches and knew that they do amazing work. So, I had enough curiosity and courage to jump into it... But when I was in the training, I found that this was such a rich community of learners, and it's not just the content of a methodology... it's actually a community that helps us actually deepen our own relationships of faith. So, I've been surprised by that, that Faith Focused Solutions is really more about faith than the technique. I think it has in a way highlighted aspects of the Christian faith through a lens on how we do therapy, on how we do coaching, how we do counseling. And I think that if you're in this category of not knowing what it's really about, this potential that Faith Focused Solutions can serve your faith as well as serve your ministry, I strongly encourage you to look into it and actually join. It's an amazing group of people, and I've really benefited and been blessed...

-- Dr. Michael Pucci, GoED, Missionary, Rwanda

Taking this coaching course has given me confidence that I'll be able to help people in a way that is respectful and really helps them to find what they want for themselves. And I feel excited that I have learned new skills and had old skills refreshed by the amazing instructors here. I've been really encouraged by all the people who took this course with me. I feel like I have a bunch of new friends. So, thank you guys. This has been amazing.

-- Karen Louis, ICC, Singapore

Having a group of high-caliber Christians all involved in different ministries and jobs has been such a blessing. And it's been a little mind blowing to have my perspective completely changed by hearing about how a few words and asking in a certain line of questioning can be so much more powerful and positive in changing lives. I've learned so much and this group setting has been so much better than just reading a book.

-- Michelle Allen, USA

The experience has been such a blessing. I love the integration with the Christian world view and how it speaks to the depth of our soul. And I really appreciate how it's so applicable to all different cultures which is valuable to me in moving forward. The instruction has been wonderful and the community that we formed has been such a blessing. Thank you for providing such a beautiful and very helpful experience.

-- Kelly Davidson, A&M church of Christ, USA

Thank you so much for this opportunity. I've been so blessed by the world-class training, the hands-on approach, and the in-depth conversation and sharing, the humility and vulnerability of everyone has just been so powerful to me. I've learned so much and I feel excited to continue this SF journey. I really have hopes for the future and I feel so equipped to really serve people and so excited to have this set of SF tools in my toolbox to be a blessing to others. Thank you.

-- Adele Pucci, Rwanda

Faith Focused Solutions helps me bring God into the Solution Focused approach that I did, and I'm really grateful for the support and the help that I had from this community of Christians.

-- Brian Ooi, Solution Focused Therapist, Singapore

It's been a joy being part of this community of learners. It's been a unique experience in my life to be among all of you. In going forward being a better listener and answering more and beautiful questions. So, thank you.

-- Sara Davidson, USA